

# PARK MANOR WESTCHASE



## National Healthcare Environmental Services & Housekeeping Week



Held annually during the second full week of September, Environmental Services Week/ Housekeeping

Week celebrates the dedication of our diligent custodial staff. These exceptional individuals exemplify the teamwork and expertise essential for maintaining complex healthcare environments across the nation.



## GRANDPARENTS DAY: SEPTEMBER 7

Grandparents Day celebrates the important role grandparents play in families and society, highlighting their unique contributions and strengthening intergenerational bonds. Looking for ways to celebrate? Here are some ideas to get you started:

**Family Gatherings:** Enjoy a meal together, whether it's dinner or afternoon ice cream. Share stories, memories, and quality time with one another.

**Activities Together:** Spend the day doing activities

grandparents enjoy, like listening to music, bowling, gardening, or playing cards and board games.

**Video Messages:** For long-distance families, arrange video calls or send video messages to connect. Text or email photos if you're not able to arrange a video call.

**Take the time, Sunday, September 7 to recognize, appreciate, and celebrate the unique impact grandparents have on our lives through their wisdom, support, and love.**

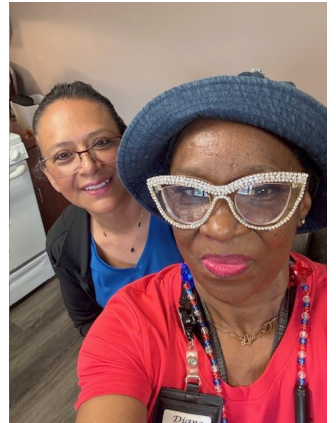


# ACTIVITY PHOTO HIGHLIGHTS



## HAPPY BIRTHDAY

Mona B.	9/03
Doris W.	9/04
Kenny J.	9/06
Tracy T.	9/06
Willie B.	9/12
Charles B.	9/13
Lela E.	9/16
Morris B.	9/17
Rosa B.	9/24
Patti J.	9/24
Evelyn M.	9/29



## WELCOME NEW RESIDENTS

We hope your stay here is the best.





# HIGHLIGHTS ...CONTINUED



## Creativity Has No Age Limit

September 14 is **Live Creative Day**, a perfect excuse to try something new, have fun, and let your imagination shine.

Whether you're working on your own or with others, here are fun, simple ways to celebrate:



**Make Mini Art** - Try painting a rock, decorating a bookmark, or designing greeting

cards. No pressure—just play!

**Tell a Story** - Write a short poem, record a memory, or create a story with a grandchild.

**Solve Something** - Try a jigsaw puzzle, or crossword. Problem-solving is creative, too!

**Mix the Generations** - Invite younger visitors or family members to color, paint, or build something together. Combine experience with fresh imagination!

**Be Silly** - Put on a costume hat, try a new dance move, or write a funny limerick. Let go of perfection and just enjoy the process.

This day is all about celebrating the joy of making, imagining, and exploring—no matter your age or skill level. Let's get creative!



11910 RICHMOND AVENUE  
HOUSTON, TX 77082

Admissions: 281.497.2838  
info@parkmanor-westchase.com  
[parkmanor-westchase.com](http://parkmanor-westchase.com)

## ADMINISTRATIVE STAFF

ADMINISTRATOR  
Carrie Hill

DIRECTOR OF NURSING  
Mayra Polio, RN

ASSIT. DIRECTOR OF NURSING  
TBA

UNIT MANAGER  
Linda Brannon

UNIT MANAGER  
TBA

PPS COORDINATOR  
Mercy Iwuchukwu

MDS COORDINATOR  
TBA

WOUND CARE NURSE  
Joshua Manguiano

WEEKEND SUPERVISOR  
TBA

BUSINESS OFFICE MANAGER  
Tiffany Odom

PAYROLL  
Ashley Heath

DIR. OF BUSINESS DEVELOPMENT  
Anthony Francois

ADMISSIONS DIRECTOR  
Kayte Reaves

SOCIAL SERVICES DIRECTOR  
Nkeiru Okwegba

DIRECTOR OF THERAPY  
Eddie Espinosa

MEDICAL RECORDS  
Gina Apodaca

ACTIVITY DIRECTOR  
Abigail Martinez

CENTRAL SUPPLY  
Audrey Scipio

MAINTENANCE DIRECTOR  
Faustino Orduno

HOUSEKEEPING SUPERVISOR  
Doris Emerson

DIETARY MANAGER  
May Brown

STAFFING COORDINATOR  
Tanjila Lewis



**WORD SEARCH** Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

U	B	S	E	G	S	U	O	K	J	S	W	C	E	R
G	C	P	I	C	R	B	B	X	S	S	N	Y	S	S
G	W	U	F	Z	T	A	E	E	Y	T	I	I	J	J
J	C	K	M	U	L	O	N	A	A	K	X	M	C	S
C	R	H	C	G	N	L	G	D	X	R	A	A	G	F
H	E	E	J	H	L	E	A	E	P	A	D	G	K	F
B	A	A	I	E	K	X	T	C	T	A	P	I	I	C
M	T	L	W	U	B	E	U	O	K	H	R	N	N	O
N	I	T	D	F	R	R	U	M	E	I	E	E	D	U
R	V	H	I	K	F	C	F	P	A	D	R	R	N	R
K	E	Y	N	F	A	I	H	A	A	K	Y	N	E	T
F	U	Z	E	Q	C	S	E	N	L	G	W	Z	S	E
H	P	N	Q	A	W	E	A	I	N	F	I	X	S	S
L	T	N	J	Y	Z	L	R	O	S	I	D	N	X	Y
O	C	O	M	F	O	R	T	N	Q	B	Z	W	G	W

## WORD LIST

AGING  
BEAR  
COMFORT  
COMPANION  
COURTESY  
CREATIVE  
EXERCISE  
FUN  
GRANDPARENT  
HEALTHY  
HEART  
IMAGINE  
KINDNESS  
TOGETHER  
WELLNESS