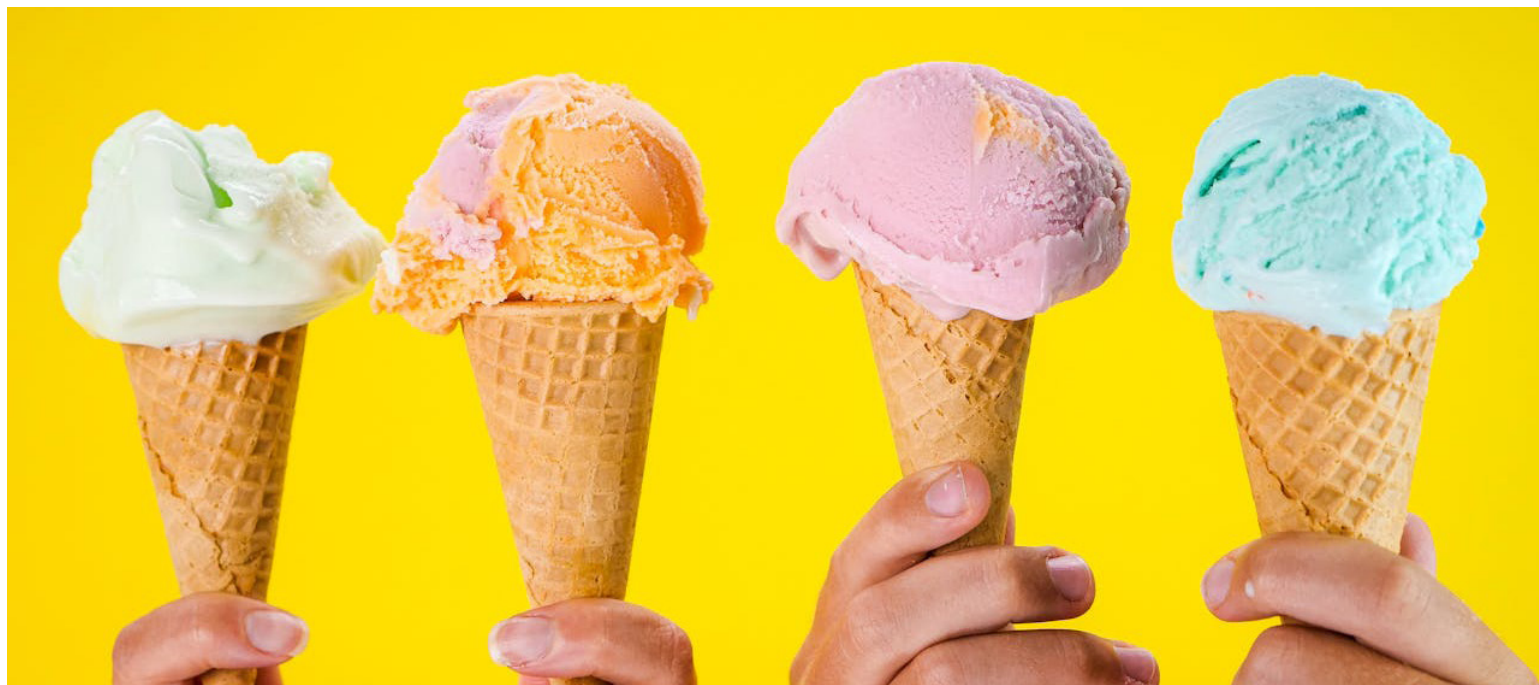


PARK MANOR WESTCHASE



I Scream, You Scream, We All Scream for ICE CREAM MONTH!

Designated by President Reagan in the early 1980s, July is celebrated as Ice Cream Month, which features Creative Ice Cream Flavors Day on July 1 and Ice Cream Day on the third Sunday.

Did you know... the average American consumes 23.2 quarts of ice cream per year.

- The top three flavors are

vanilla, chocolate, and strawberry, often found in Neapolitan ice cream.

- Other popular flavors include butter pecan, mint chocolate chip, rocky road, and pistachio.
- Japan offers unique flavors like wasabi, sweet potato, and matcha.

If you could create your own ice cream flavor, what would you include? Would you start with a basic vanilla and add your favorite fruits, candies, or

nuts, or would you start with something unconventional like pineapple-coconut and add bacon bits or hot sauce for a spicy twist?

Looking for something fun to do on a hot afternoon? Host an ice cream social this July for family and friends. Offer a variety of toppings, sprinkles, drizzles, cones, and flavors for everyone to mix and match. Ask each guest to write down their favorite flavor or an imaginary flavor and have fun guessing who belongs to each flavor.





HAPPY BIRTHDAY

Edward P.	7/01
Sherry E.	7/02
Nicola B.	7/11
Kifle B.	7/18
Francis G.	7/27

WELCOME NEW RESIDENTS

We hope your stay here is the best.

ACTIVITY PHOTO HIGHLIGHTS



Celebrating Fourth of July

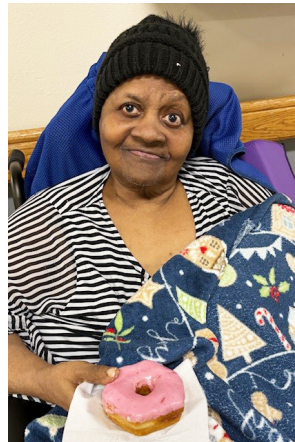


When the Declaration of Independence was signed in 1776, a staged party was planned to celebrate the birth of America and the separation from England.

Colonists, families and towns continued to celebrate the anniversary of this freedom yearly on July 4 with large crowds and festivities.

Modern Independence Day festivities usually include parades, cookouts, and fireworks. Be sure to check with your local community to find out what events are being held.

HIGHLIGHTS ...CONTINUED



Take Your Text Messages to the Next Level on World Emoji Day

On July 17, celebrate the fun texting phenomenon that is emojis! By definition, an emoji is “a small digital image or icon used to express an idea or emotion.”

Designer Shigetaka Kurita is considered to be the founding father of today's emojis.

Fun Fact: The word “emoji” is a blend of two Japanese words: picture and letter.

With emojis, you can add a layer of self-expression and depth to your text messages. Here are several popular ones to try and incorporate:



This emoji is typically not used for something physically hot, but rather to indicate that something is amazing or trending.

Example of how to use:

The volunteer artist workshop event last Tuesday was great! 🔥



The meaning of raised hands can be ambiguous, but is often indicative of praise or agreement about the topic.

Example of how to use:

I agree, the movie night with the family is a great idea for next weekend! 🙌



This emoji is to show intense feelings of extreme sadness or overwhelming joy/happiness.

Example of how to use:

That was my favorite show. 😭
I can't believe it is over.

Are you interested to learn more about emojis, what they mean, and best practices for how they can be used? Visit the website emojipedia.org to learn more.

National Therapeutic Recreation Week

Join us in celebrating National Therapeutic Recreation this July 6-12, as we honor recreational therapists and the importance of activities that help the recovery and healing of people with various disabilities. Therapeutic recreation programs may include sports, expressive arts, muscle relaxation techniques, gardening, and many other enjoyable activities.



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May Brown

STAFFING COORDINATOR
Tanjila Lewis



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

S	U	N	K	H	U	M	Q	I	P	K	J	V	R	G
P	X	O	M	V	T	I	F	Y	W	A	X	K	R	H
F	B	V	J	B	O	R	E	D	O	M	I	Y	W	I
V	I	X	O	A	X	T	C	N	A	A	G	N	S	L
M	O	X	R	J	A	D	J	E	J	C	N	D	T	X
Q	T	H	M	E	B	B	R	M	E	A	Z	F	A	T
E	I	A	H	T	U	C	N	G	E	R	F	R	R	Q
S	C	F	A	B	E	N	B	O	K	O	V	I	S	S
I	X	F	R	C	R	E	I	T	L	N	Y	E	W	R
Z	T	C	I	O	M	U	K	O	A	I	S	N	F	O
Q	O	P	V	M	U	W	H	L	N	E	E	D	Y	C
S	X	A	X	E	M	O	J	I	E	P	Z	S	B	K
D	L	S	U	J	U	L	Y	H	I	K	X	H	R	S
F	C	N	M	X	N	Y	C	F	V	K	B	I	Q	W
X	X	F	J	S	T	R	I	P	E	S	V	P	F	T

WORD LIST

BOREDOM
CHEESE
EMOJI
FLAVOR
FRIENDSHIP
HEAT
ICE CREAM
JULY
MACARONI
PAINT
REUNION
ROCKS
STARS
STRIPES
SUN